

LATE SPRING 2016 EDITION

Gilcrux

Parish Newsletter



## Gilcrux Village Hall & Educational Trust

Hello Everyone,

I trust this finds you all fit and well and hopefully enjoying some sunshine. Many thanks to you all for your continued support of your village hall with our various events and user groups who use the hall on a regular basis and a very special thank you to Mrs Carolyn Tudor and Mrs Sheila Wilkinson for the Time for Tea event, which sadly due to falling numbers has for now been postponed. This event raised over £300.00 for the hall funds, a fantastic amount, I am sure you will agree, many thanks to you both again

The monthly hall market is still ongoing and gradually drawing in new stall holders, in April we had jams and chutneys from a local lady who was more than welcome and will return and even though I was away I have heard from one of the committee who maned the market that day, that the jam she purchased was delicious, I have it on my list for the next market! Come along and have a look, it's free to come in and browse or maybe even buy a cuppa and have a chat, It's on the 3<sup>rd</sup> Friday of every month

The next event on our list for the year is an "Afternoon Tea" to celebrate the 90<sup>th</sup> birthday of Queen Elizabeth, on Sunday 12<sup>th</sup> of June. The Tea is available from 2pm – 5pm to include sandwiches, cakes and scones with jam and cream, tea or coffee, and the ticket price is £5.00 per person however it must be pre-booked for catering requirements and you will be more than welcome

Saturday 13<sup>th</sup> August we will host a supper evening at 7.00pm with the usual quiz, however further details are yet to be confirmed regarding the entertainment, watch the notice boards for more information, send me any ideas you have for further events and we can see what we can do

The Annual flower and produce show will be on the 4<sup>th</sup> September, Schedules will be delivered to your door.

So that's all the dates for your diary up to September, I hope there are some to tempt you and the committee look forward to welcoming you to your village hall and all our best wishes to the recent young member of our community to receive an educational grant towards their further studies

On a closing note I appreciate that some residents adjacent to the hall are having problems with hall users parking on the road, we can only offer our apologies, however in our term and conditions of hire, we ask that local residents are considered and that the parking of cars is done in a respectful manner.

Helen Johnston

Tel 016973 21895 or [helJ@talktalk.net](mailto:helJ@talktalk.net) for further information and book tickets

**Mobile Library**

The library van will be in Gilcrux, parked by the bus shelter, between 1.45 and 2.15 p.m. on the following Thursdays.

10th December 2015; 28th January, 3rd March, 14th April and 26th May 2016.

The future of the mobile van is not assured so please do use it if you are able - it is such a valuable amenity.

**Time for Tea**

Numbers attending have fallen so we have reluctantly decided not to have any more get-togethers for the time being.

**Keep Fit with Cherry Peel**

We continue to meet at 10.00 a.m. in Gilcrux Village Hall on Thursday mornings during school term time.

Cost £4 per one hour session. We welcome anyone who wishes to join us.

**Recycling at West House, Gilcrux**

The recycling centre at West House has now been closed by Allerdale Borough Council as, with the improved collections from each household, there is no further need to have separate facilities there. The book and magazine exchange will also cease.

Our thanks go to Mr & Mrs Wilkinson for their generosity in allowing this much used amenity to be based at West House for so many years.

Please do continue to recycle using the many options available to us locally.

**Mobile Library**

Regrettably the library van did not pass its MOT last month and the cost of the essential repairs was apparently prohibitive.

The service has therefore been discontinued. A great loss to the rural communities it served.

## St Mary's Church

One of the aspects of living in north-west Cumbria is the wind. It seems at times that there is always a breeze. Wind is something we take at face value and unless it is especially violent or cold we just get on with it. This time of year is Pentecost in the church's calendar. It's often referred to as the church's birthday. The story that is told of the first disciples is of Pentecost as when the church goes public. All of this is a result of the Holy Spirit, which is described in Acts 2 as being like a mighty rushing wind. The thing about the wind is that it's invisible, but you can see and feel the difference it makes. So too the Church may be invisible at times but that shouldn't stop it making a difference.

At St Mary's we are looking forward to the new ramp to provide improved access to the graveyard. We hope that the benefits that this will bring will go beyond the church and be good for everyone who visits the churchyard. For this we are immensely grateful to the Parish Council for making this possible.

In God's world disability is not a matter of imperfection or being a lesser person. Rather it is simply a matter of difference. The Spirit of God is all for difference and all about being more than we perhaps think we are. So this Pentecost we hope that in Gilcruix we may not just feel the rush of the wind, but perhaps just a hint of the existence of God in a concern and an acceptance of all people.

Church Services:

Services are held at St Mary's on:

- 1<sup>st</sup> Sunday of the month @ 11.00 (Book of Common Prayer, Holy Communion)
- 3<sup>rd</sup> Sunday in the month @ 11.00am a service for all.

We hope you will be able to join us

**Tim Herbert**



## Village Spring Clean

Thank you to everyone who attended on this lovely Spring morning in April. A head count came to 25 people both young and old. Sixteen sacks of rubbish were collected just from the village alone and verges were cleared around the village hall improving the appearance of the roadside. Hopefully we can repeat this successful event next year.

Lisa Hignett





# Y O G A + mindfulness

**Gilcrux Village Hall, Thursday 6.30 – 8pm**

Enhance your wellbeing by training the body & mind through postures, breathing, relaxation and mindfulness meditation practices.

This class is suitable for beginners and more experienced practitioners as everyone is encouraged to work at their own pace and fitness level. Pay monthly or single session. Contact me if you are interested or need more info.

**[linda.allam.yoga@gmail.com](mailto:linda.allam.yoga@gmail.com)** ☎ **01697 323286**

**[www.yogawestcumbria.co.uk](http://www.yogawestcumbria.co.uk)** [www.yogawestcumbria.co.uk](http://www.yogawestcumbria.co.uk)

## Happy 90<sup>th</sup> Birthday

Henry Wilkinson wishes to say;-

Thank you for all the unexpected Birthday Wishes, gifts and cards he received on his 90th Birthday they added greatly to his enjoyment of the day



Hi folks!!

Just a reminder that our next quiz is on Friday 24th June 9.15pm.

Beer garden open and secluded beer garden to the rear open also.

We have a few christenings in June so just to let you know we do all types of functions birthdays, anniversaries, we've even done a couple of weddings so we can cater for all celebrations.

Menu's are all on our website [www.barnbistro.co.uk](http://www.barnbistro.co.uk)

We do have coeliac, dairy and vegan menus available here..... and just to let you know we do a great gluten free sunday roast including Yorkshire pudding and meaty gravy.

And not forgetting our delicious Sunday roasts always popular.

So here's hoping for a good summer ☀

Thanks Hal and Andy